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4th-8th Grade



Directed by:
Coach Georgia



There will be drills to help you:

Develop service skills; passing skills; setting skills

Practice game-like situations

Condition your body

Learn the game

Skills we will focus on:

Teaching the volleyball skills needed for all positions;

Teaching self-esteem;

Teaching self-discipline;

Teaching Respect;

Teaching Team Work

In addition to drills and conditioning, there will be court time for open play.

Dates: June 14th thru June 18th

Where: Sleepy Hollow HS, Sleepy Hollow

Time: 6pm-8pm

Cost: \$125

To register please send an email to: AlphaGammaVB@aol.com
Include in the email: Athlete's Name, Age, Grade, School, Address,
Phone #, Parent(s)/Guardian(s) Name, & **t-shirt size**.

(Enrollment is available on a first come, first serve basis.)